



KDH KUCHING FOOTBALL CENTER

Holiday Camp 2024

INTRODUCTION

KDH Global Football Center will be running a Holiday Camp for our existing and new members in Malaysia.

The Holiday Camp will offer a chance for all kids to enjoy the fun game of football in a friendly and structured environment. The kids will not only develop their physicality and technical football skills in the two days, they will also develop the right characters they need to grow up to be respected players both on and off the pitch.

This Holiday Camp is suitable for kids of all genders, backgrounds and abilities, as we will offer enjoyable customized to all kids to enhance their technical, physical development and most importantly their interest in football.

TRAINING PROGRAM

1. Warm-up & Recreational program
2. Balance & Strength program for Physical Development
3. Dribbling and Passing Technical Training
4. Crossing and Shooting Technical Training
5. Goalkeeper Training
6. Football Positioning and Tactical Play
7. 1v1, 2v2, 3v2 Game Realistic Program
8. Match
9. Cool Down & Recover

Date Monday to Friday (2005 ~ 2020)

FEBURARY 2024			
MON	19 th / 26 th	TUE	20 th / 27 th
WED	21 st / 28 th	THU	22 nd / 29 th
FRI	23 rd		

Venue = Cascara Arena Kuching



Details

PROGRAM	TIME	AGE	AGE GROUP	FEE
1 Day	09:00-11:30	Born in 2005 - 2020	U6~U19	70RM
2 Days				130RM
3 Days				190RM
4 Days				240RM
5 Days				290RM

Features

- ✓ All coaches are qualified with either professional coaching or playing experience and are all fluent English speakers.
- ✓ The class will offer various programs to help the kids to improve in many aspects.
- ✓ The professional class will allow the kids learn the technicality of dribbling, passing, crossing and shooting in details.
- ✓ Improve social skills and team work through the game.
- ✓ Experience competitive football environments through friendly matches.
- ✓ Enhance kids' interest and motivation to improve in the sport through fun rewards

PLAYER'S NAME

DOB (DD/MM/YY)

GUARDIAN'S NAME

TEL (CONTACT)

EMAIL



Should you have any inquiries about the holiday camp, please do not

hesitate to contact us via Whatsapp call or message

Mobile: (+60)11-5172-5126 / Email: kdhglobalfc@gmail.com